



CHRISTIAN ACADEMY OF KNOXVILLE

CAK announces new softball coach

For immediate release



October 2, 2017 (Knoxville, TN) - Christian Academy of Knoxville (CAK) has announced that Lisa Nettles will be the new head softball coach for the Warriors.

Nettles is a graduate of the University of Tennessee, where she played softball and earned the following honors:

- Most Valuable Player - Toyota Lady Volunteer Classic (1998)
- Most Valuable Player - Lady Volunteer Spring Invitational (1998)
- Second Team All-SEC (1999)
- SEC Player of the Week (April 6, 1999)
- All-Tournament Team - Lady Volunteer Spring Invitational (1999)
- NCAA Top 50 Individual Statistics Batting Average (.403)
- 30 multiple-hit games: 20 (2 hits), 9 (3 hits), 1 (4 hits)

Prior to her career with the Lady Vols, Nettles played at Palomar Junior College in San Marcos, California where she earned First Team All-Conference honors and top defensive player in both her freshman and sophomore years. Additionally, she earned Athlete of the Week honors in 1996.

Nettles is a certified personal trainer, providing sport-specific training programs specializing in softball. Additionally, she is certified through the American Aerobic Association International, and creates sport-specific nutrition plans and boot camps for a variety of group types and individuals.

"When Coach Dayna Carter resigned, I became concerned about how best to fill the void in our program," said Ried Estus, CAK's athletic director. "Once again, God's timing was perfect, as our coaching vacancy came at the same time Coach Nettles was preparing to get back into coaching softball. She has either played or coached softball her entire life, and her energy and optimism are a perfect fit for our program. Coach Nettles is passionate about softball and more importantly she has a heart for young women"

"I am grateful and excited to join the CAK family," Nettles said. "This is a wonderful school with outstanding sports programs. I've already had the opportunity to get to know and work with some of the players - they are talented, high-character young ladies. I am blessed to be associated with them."

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ABOUT CHRISTIAN ACADEMY OF KNOXVILLE:

Founded in 1977, Christian Academy of Knoxville, the purpose of CAK is to provide an excellent elementary and secondary school education fully integrated with Christian values and a biblical worldview. CAK serves children age 3 through 12th grade and is divided into elementary, middle and high school, each with its own facility and principal. The 77-acre campus is located in west Knoxville in Cedar Bluff.

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